

## CCC RECORDS - WHO HOLDS WHAT AFTER THE 2023 SEASON.

*A Boy or Girl is under 14 on the day of the event. A Juvenile is under 16 on the day.  
A Junior remains a Junior until December 31st of the year in which the 18th birthday occurs.*

			set		mph
<b>5 miles</b>	Senior	Martin Reynolds	2021	11-10	26.8
	Junior	James Ward	1991	11-48	25.4
	Juvenile	Nik Hall	1989	11-52	25.2
	Boys	Nathaniel Lemanski	2023	12-25	24.2
	<b>Female</b>				
	Senior	Elspeth Grace	2023	12-48	23.4
	Junior	Mandy Footman ( <i>now Hoskin</i> )	1974	14-55	20.1
	Juvenile	Julie Thompson	1975	15-05	19.9
	Girls	Jackie Harris	1975	15-30	19.4
<b>10 miles</b>	Senior	David McGaw	2017	18-58	31.6
	Junior	Tom Platts	2006	21-03	28.5
	Juvenile	Nik Hall	1989	21-04	28.5
	Boys	Nik Hall	1987	23-29	25.6
	<b>Female</b>				
	Senior	Laura Massey	2020	21-01	28.5
	Junior	Rachel Wesley	1978	26-47	22.7
	Juvenile	Rachel Wesley	1978	26-47	
	Girls	Rachel Wesley	1978	26-47	
Team: 2019 David McGaw 19-33, Ben Redman 19-50, Martin Reynolds 19-55 = 59-18					30.4
Junior 2006 Tom Platts 22-50, Sam O'Rourke 25-36, Chris Hughes (U-14) 27-10=1-15-36					23.8
<b>15 miles</b>	Senior	Adam Fisher	2019	30-12	29.9
	Junior	Tom Platts	2006	36-01	25.0
	Juvenile	Nik Hall	1989	36-32	24.6
	Boys	<i>waiting to be established</i>			
	<b>Female</b>				
	Senior	Helen Eborall	2008	39-26	22.8
	Junior	Mandy Hoskin	1974	45-26	19.8
	Juvenile	Mandy Hoskin	1974	45-26	
	Girls	<i>waiting to be established</i>			
Team: 2019 Adam Fisher 30-12, Martin Reynolds 30-32, Henry Moss 30-46 = 1-31-30					29.5
<b>25 miles</b>	Senior	David McGaw	2017	49-01	30.6
	Junior	Adam Fisher	2000	53-26	28.1
	Juvenile	Eddie Hoskin	1982	1-00-05	25.0
	Boys	Stan Ayers	1968	1-06-35	22.5
	<b>Female</b>				
	Senior	Rachel Horn	2001	57-41	26.0
	Junior	Angela Joy ( <i>now Platt</i> )	1975	1-08-19	21.9
	Juvenile	Angela Joy	1973	1-12-17	20.8
	Girls	Angela Joy	1973	1-17-04	19.5
Team: 2019 David McGaw 50-18, Martin Reynolds 51-00, Adam Fisher 51-01 = 2-32-19					29.5
<b>30 miles</b>	Senior	Bob Watson (58)	2018	1-01-47	29.1
	Junior	James Ward	1991	1-08-04	26.4
	Juvenile	Eddie Hoskin	1981	1-17-43	23.2

	<b>Female</b>				
	Senior	Helen Eborall	2008	1-16-18	23.6
		<i>Women's Junior &amp; Juvenile are waiting to be established</i>			
	Team:	2018 Bob Watson 1-01-47, Ken Platts 1-02-59, Colin Lizieri 1-03-32 = 3-08-18			28.7

<b>50 miles</b>	Senior	David McGaw	2017	1-38-30	30.5
	Junior	Nigel Fleet	1982	1-57-20	25.6

	<b>Female</b>				
	Senior	Lucy Gossage	2012	1-55-39	25.9
	Junior	<i>waiting to be established</i>			
	Team:	2017 D McGaw 1-38-30, A Dyason 1-45-50, C Lizieri 1-50-34 = 5-14-54			28.6

<b>100 miles</b>	Senior	Ken Platts (59)	2011	3-44-33	26.5
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	<b>Female</b>				
	Senior	Lucy Gossage	2014	3-56-23	25.4
<b>12 hours</b>	Senior	Ken Platts (55)	2007	283.103miles	23.6

	<b>Female</b>				
	Senior	Lucy Rutter ( <i>now McTaggart</i> )	1990	215.04 miles	17.9
<b>24 hours</b>	Senior	Tim Welsh	2023	501.54 miles	20.9

#### HILLCLIMB

Senior	Colin Chapman	1974	1-25.4
Junior	James Ward	1990	1-36.0
Juvenile	Colin Chapman	1970	1-38.6
<b>Female</b>			
Senior	Jenny Ousey	1977	1-54.6
Junior	Jackie Harris	1979	2-04.6
Juvenile	Jackie Harris	1979	2-04.6

#### TRACK

1 km TT Standing Start	Rob Cox	2006	1-13.418	30.47
3 km Individual Pursuit	Mark Fraser	2002	3-53.044	28.99

#### BEST ALLROUNDER

Senior - 25, 50 & 100miles	Andy Grant (66)	2019	28.338 mph
Junior - 2x10, 2x25 miles	Tom Platts	2006	27.147 mph

#### Female

Senior - 25, 50 & 100miles	Rachel Horn	2001	24.776 mph
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#### 10 miles

#### TANDEM

Senior	Ken Platts (55) / Tom Platts	2007	18-47	31.9
Senior mixed	Lol Berman/ Rachel Horn	2002	19-41	30.5
Senior/Junior	Ken Platts (54) / Tom Platts	2006	19-28	30.8
Senior/Boy	Stuart Lemanski / Nathaniel Lemanski	2023	21-38	27.7
Senior/Junior mixed	Richard Holmes / Natalie Speechley	1989	23-22	25.7

#### 15 miles

Senior/ Boy	Stuart Lemanski / Nathaniel Lemanski	2023	32-59	27.3
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#### 25 miles

Senior	Ken Platts (54) / Tom Platts (J)	2006	50-17	29.8
Senior mixed	Lol Berman / Rachel Horn	2001	54-01	27.8

Senior/Junior	Ken Platts (54) / Tom Platts	2006	50-17	29.8
<b>30 miles</b>	Ken Platts (55) / Tom Platts	2007	1-01-27	29.3
<b>50 miles</b>	Roy Clarke / John Lindsell	1950	1-53-17	26.5
<b>100 miles</b>	Roy Clarke / John Lindsell	1950	4-03-29	24.6
<b>12 hours</b>	Frank Buckingham / Percy T Carter	1933	235¾ miles	19.6

*For Tandems & 2ups, Juveniles qualify up to 25 miles, Juniors qualify up to 50 miles.  
There are many distances and combinations waiting to be set.*

### 2-up TEAM TIME TRIAL

<b>10 miles</b>				
Senior/Senior	David McGaw / Chris Brown	2016	20-11	29.7
Senior/ Junior	George Crammond / Mark Matthews	2005	23-23	25.7
<b>25 miles</b>				
Senior/ Senior	Digby Symons / Doug Bradshaw	2009	54-31	27.5
Senior/ Junior	Mick Draper / Kim Joy	1975	57-02	26.3
Senior/ Juvenile	Bob Jessop / Eddie Hoskin	1982	59-11	25.3

### TRICYCLES

10 miles	Mick Draper	1990	24-54	24.1
25 miles	Ken Usher	1995	1-05-25	22.9
30 miles	Sam Gilbert	1976	1-22-55	21.7
50 miles	Ken Usher	1995	2-12-27	22.7
100 miles	Ken Usher	1997	4-41-38	21.3
12 hours	Ken Usher	1995	237.00 miles	19.8
24 hours	Frank Brown	1963	414 ¼ miles	17.3

### VETERANS' RECORDS

For Veterans (age 40+) time trial age records, see the separate report.

#### To work out your speed on the road

mph = (miles x 60) ÷ time in minutes

time (mins) = (miles x 60) ÷ mph

Seconds become decimal minutes as follows:

<b>Secs</b>	<b>Mins</b>	<b>10</b>	.167	<b>20</b>	.333	<b>30</b>	.5	<b>40</b>	.667	<b>50</b>	.833
<b>01</b>	.017	<b>11</b>	.183	<b>21</b>	.35	<b>31</b>	.517	<b>41</b>	.683	<b>51</b>	.85
<b>02</b>	.033	<b>12</b>	.2	<b>22</b>	.367	<b>32</b>	.533	<b>42</b>	.7	<b>52</b>	.867
<b>03</b>	.05	<b>13</b>	.217	<b>23</b>	.383	<b>33</b>	.55	<b>43</b>	.717	<b>53</b>	.883
<b>04</b>	.067	<b>14</b>	.233	<b>24</b>	.4	<b>34</b>	.567	<b>44</b>	.733	<b>54</b>	.9
<b>05</b>	.083	<b>15</b>	.25	<b>25</b>	.417	<b>35</b>	.583	<b>45</b>	.75	<b>55</b>	.917
<b>06</b>	.1	<b>16</b>	.267	<b>26</b>	.433	<b>36</b>	.6	<b>46</b>	.767	<b>56</b>	.933
<b>07</b>	.117	<b>17</b>	.283	<b>27</b>	.45	<b>37</b>	.617	<b>47</b>	.783	<b>57</b>	.95
<b>08</b>	.133	<b>18</b>	.3	<b>28</b>	.467	<b>38</b>	.633	<b>48</b>	.8	<b>58</b>	.967
<b>09</b>	.15	<b>19</b>	.317	<b>29</b>	.483	<b>39</b>	.65	<b>49</b>	.817	<b>59</b>	.983

### Making a claim

If you wish to make a claim for a record, send details of the event, date, time and distance to: -

**records@cambridgecc.co.uk**

The claim must include either the Official Result Sheet, a link to the result on the website of a national organisation or a signed statement by the Timekeeper or Organiser of the event.

Note that only rides done in Official CTT .BC, or Cambridge CC club events qualify.